QUALITY OF MIND

EXPONENTIAL HUMAN POTENTIAL

The revolutionary understanding for people who lead in business

There's only one certainty in business today – and that's uncertainty. The pace of change is such that the world we now live in can only be described as – Volatile, Uncertain, Complex & Ambiguous

Current personal development interventions don't equip you with the vital missing ingredient to access greater levels of performance, resourcefulness and wellbeing. This BEFORE PSYCHOLOGY understanding explores a new approach; it is a paradigm shift in how we see the nature of the mind.

Open Programme

9–11 MARCH 2027 | 3 DAYS

"This is a fundamental mind shift in the way you see the world. when it dawns on you, it makes a massive difference to life and career."
COO, Energy Sector

DIFFERENT

We don't work on your behaviours; or teach you to manage your thinking; we show you the fundamentals of how the mind works. When you deeply realise this 'new way' it renders so many of the previous methods redundant.

TRANSFORMATIVE

As we realise the nature of how the mind works – 'upstream' it triggers a pervasive shift in many aspects of life and work 'downstream'.. There are no exceptions, everything is in scope for anyone.

SUSTAINABLE

Once realised, this understanding does not require application or repeated 'doing'. Instead, mindsets dissolve and behaviours become obvious. An instant and sustainable benefit.

IS THIS FOR ME? This programme will benefit anyone, and is perfect if you…

- Want less stress & overwhelm
- Deal with ambiguity & change
- Work in a dysfunctional culture
- Feel pressure & demand for results
- Want to get more from less
- Want more clarity and decisiveness
- Require more effortless leadership
- Need greater resilience & wellbeing
- Want fresh perspectives & new mindsets
- Desire stronger connection & alignment

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Welcome to a new way. This programme creates benefits that are pervasive and universal, profound and practical.

This is a game changer, but don't take our word for it

54% increase in focus & clarity
73% reduction in mental noise
52% more decisive
51% greater resilience
46% greater connection with others

"I am at least 33% more productive" Commercial Manager, Global Chemicals Business

"A true revelation. I feel like my soul and mojo have been reactivated" Strategy Planner

VIDEO TESTIMONIALS FROM PAST DELEGATES >>

"In 40 years of management training I've never come across anything like this, it's really different and it can make a huge impact." Operations Director, Major Food Producer

''Once you see this, there is nowhere else to look, the holy grail. I now have more peace, purpose, and performance'' L&D Specialist

WHAT IS THE PROGRAMME?

To start, a personal 1-1 intake and orientation session, then a 3-day immersive group learning experience in a relaxed setting giving you the opportunity to deeply enquire into how the human mind works. You'll take part in a facilitated conversation, in a comfortable and informal environment with a small and select group of like-minded people. It's a simple yet powerful exploration. We'll also allow time for more private 1-2-1 conversations to tailor the work to your individual situation and needs. When the three days end, your journey truly starts. How you see the world will begin to shift seismically. We'll chat again 1-1 after a few weeks to help you embed your learning and insights practically.

LOGISTICS:

Fee: £2395+VAT
Location: The Olde Bell, Maidenhead, Berks
Date: 9th-11th March 2027

We are confident in what we do so we back it up with a money back guarantee

STILL CURIOUS?

If you want to know more, or whether it is for you:

- Drop us a line and we can arrange a chat
- Listen to our podcast
- Watch our videos
- Read more on our website